## I claim:

- 1. A method for curing mild Multiple Sclerosis, memory impairment and Seasonal Affective Disorder which comprises:
  - a clinician desensitizing a patient to myelin and melatonin.
- 2. The method of claim 1 wherein the clinician desensitizes the patient to myelin and melatonin using an allergy desensitization technique.
- 3. A method for curing mild Multiple Sclerosis and memory impairment which comprises:
  - a clinician desensitizing a patient to myelin.
- 4. The method of claim 3 wherein the clinician desensitizes the patient to myelin using an allergy desensitization technique.
- 5. A method for curing SAD which comprises: a clinician desensitizing a patient to melatonin.
- 6. The method of claim 5 wherein the clinician desensitizes the patient to melatonin using an allergy desensitization technique.